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|  |  | [Bekijk de webversie](https://stichting-alexander.email-provider.nl/web/hoczydfull/sopactt9k3/5xo9hg76qw/pjhwhmeazh) |

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| **Interne MET Melding 1** |

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| **Update en ontwikkelingen** |

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|  Beste allemaal,Hierbij ontvangen jullie de 1e **Interne MET Melding**.Elke twee weken krijgen jullie een korte update over project MET. Stanny, Aysa, Leo en Nikki |

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| **Updates project MET** |
| * **Campagne Instagram**De instragramcampagne van MET door Apostle is aangepast met nieuw beeldmateriaal. Tot nu toe zijn er 4 aanmeldingen uit voortgekomen.
* **Website MET**De website van project MET is af en wordt bijgehouden door Stanny, Nikki en Aya (lid regiegroep).
* **Artikel in wijkblad Ussen**Door Doky is een oproep voor potentiële MET'ers geplaatst  in wijkblad Ussen.
* **Podcast van René Peters over MET**Op 14 april van 14.30 uur tot 15.30 uur neemt Stichting Alexander (Leo Rutjes) deel aan een podcast van René Peters over Maatschappelijke Diensttijd. René was voorheen wethouder in Oss. We zullen natuurlijk het project MET onder de aandacht brengen. René is tot dit idee gekomen omdat hij hoorde dat we in de regio Oss goed bezig zijn met het project. Een mooie opsteker dus! Mocht je op het genoemde tijdstip niet kunnen, dan kan je het altijd terugluisteren.
* **Toekomst van MDT en het project MET**Eén van de doelstelling van het project MET is dat het blijvend wordt ingezet. Door ZonMw komt er een laatste subsidieronde, waar we ons ook voor gaan aanmelden. Deze subsidieoproep komt 25 maart online.
* **Werkgroep Uden start**In samenwerking met Compas start 25 maart de eerste werkgroepbijeenkomst in Uden.
* **Leersessie Ruwaard in Oss**We zijn uitgenodigd door de Gemeente Oss via Simon om deel te nemen aan de leersessies in de Ruwaard om MEt te presenteren en in gesprek te gaan met organisaties en professionals die werkzaam zijn in de Ruwaard.
* **Muzelink in Oss als MET-plek**De Muzelink in Oss heeft ons benaderd voor een samenwerking.
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| **Ter inspiratie: wat doen jongeren binnen MET** |
| Een aantal voorbeelden van METtrajecten:* Podcast waar artiesten en ondernemers worden geïnterviewd om jongeren te inspireren.
* Training om laag zelfbeeld van jongeren te vergroten.
* Training om sociale angststooornis onder jongeren bespreekbaar te maken.
* Schoolondersteuning op de basischool.
* Leren om een maatschappelijk boek te schrijven.
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| **Regiegroep professionals** |
| Door de coronamaatregelen hebben we in het MET-project vertraging opgelopen. Begin dit jaar hebben we met de regiegroep professionals het projectplan moeten bijstellen. Maar we zijn optimistisch: we zien dat het animo onder jongeren groot is om deel te nemen en we verwachten dat we met versoepelingen in het vooruitzicht dit jaar nog een inhaalslag kunnen maken. En niet te vergeten: afgelopen maanden is ondanks de lockdown door zowel de jongeren als professionals een stevige basis gelegd om MET groot te maken in de regio. Wij zijn trots op jullie! |

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| **Aanmeldingen jongeren** |
| * Doel = 300 jongeren
* Huidige stand = 66 jongeren (waarvan 1 afgerond, 18 jongeren geïnteresseerd)
* Voortijdig gestopt: 2 jongeren
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| **PR-acties door werkgroepen** |
| * Oss: De mondkapjes actie is afgerond. De werkgroep heeft 100 mondkapjes rondgebracht. Hier zijn 2 aanmeldingen uitgekomen.
* Bernheze: Er is een artikel geplaatst in [MooiBernheze](https://stichting-alexander.email-provider.nl/link/hoczydfull/sopactt9k3/fufnls11is/5xo9hg76qw/pjhwhmeazh) over MET.
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| **Trainingen** |
| * Op 16 maart krijgen een aantal jongeren van de werkgroep Veghel de 1e training gespreksvoering. In deze training worden ze klaargestoomd om als MET-moat jongeren te begeleiden.
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| [Website](https://stichting-alexander.email-provider.nl/link/hoczydfull/sopactt9k3/oeduw6txjv/5xo9hg76qw/pjhwhmeazh) |

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| [Instagram](https://stichting-alexander.email-provider.nl/link/hoczydfull/sopactt9k3/i9v2rdxfg2/5xo9hg76qw/pjhwhmeazh) |

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| [Facebook](https://stichting-alexander.email-provider.nl/link/hoczydfull/sopactt9k3/35xbt4v3lg/5xo9hg76qw/pjhwhmeazh) |

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| Deze e-mail is verstuurd aan klundert@st-alexander.nl.• Als u geen nieuwsbrief meer wilt ontvangen, kunt u zich [hier afmelden](https://stichting-alexander.email-provider.nl/unsubscribe/hoczydfull/sopactt9k3/5xo9hg76qw/pjhwhmeazh). • U kunt ook uw [gegevens inzien en wijzigen](https://stichting-alexander.email-provider.nl/link/hoczydfull/sopactt9k3/krjwgdpow9/5xo9hg76qw/pjhwhmeazh). • Voor een goede ontvangst voegt u Stanny.Weber@ons-welzijn.nl toe aan uw adresboek. |
| Laposta e-mailmarketing |

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